

## Weekly Science



# HOW CAN VIDEO GAMES BE USED TO SOLVE SCIENTIFIC PROBLEMS?

### Sapana Bollam

#### ABSTRACT

omputer games are something that each youth cherishes. In this present age, computer games have taken an absolutely new shape. Already our computer games were restricted to realistic amusements or 2 dimensional diversions. Gradually there was advance and we were acquainted with 3 dimensional amusements and furthermore to different gaming frameworks like X-Box, Playstation, and so forth. However, today, on the off chance that you look into the universe of gaming frameworks, we have virtual reality recreations, 9-Dimensional diversions, thus significantly more. The entire universe of video gaming is never again restricted to amusement. Or maybe, video gaming now goes for helping youths in such a large number of ways.

KEYWORDS : Video Games , Solve Scientific Problems , proficient space experts.

#### INTRODUCTION :

The general public doesn't consider gamers prominent for their genuine helpfulness. Be that as it may, that conclusion may change with the course of time, on account of another flood of recreations that let players

Available online at www.lbp.world

with practically zero logical information handle some of science's most serious issues. What's more, gamers are now demonstrating their value. Computer games, now-a-days, are taking care of numerous logical issues and in addition certifiable issues.

These two arrangement of individuals possibly completely different however shared belief amongst researcher and gamers is that they both concentrate on taking care of an issue inside a given arrangement of guidelines. There are numerous gamers who invest hours playing internet diversions. With the assistance of these computer games numerous logical leaps forward have been made which has come as an astonishment to such a variety of demonstrating the colossal potential computer games have.

In 2011, individuals playing Foldit, an online confound amusement about protein collapsing, settled the structure of a chemical that causes an Aids-like ailment in monkeys. Scientists had been chipping away at the issue for a long time. The gamers understood it in three weeks. This leap forward came as a stun to established researchers with reference to how significant computer games can be.

Another case is the point at which a computer game called Planet Hunters found 40 planets that could possibly



bolster life, all of which had been already missed by proficient space experts. In yet another case, video gamers have unraveled a sub-atomic bewilder that baffled researchers for a considerable length of time.

An examination has demonstrated that the aggregate number of hours spent by individuals around the world playing diversions is 3 billion seven days. Researchers are presently attempting to put these hours to their advantages. Thus, an ever increasing number of addictive amusements are being made to urge gamers to play more. This will help in making a bigger dataset and furthermore help to get more solid discoveries which can be tackled for science to set up some somewhat amazing subjective hardware.

These elements are powerful or at the end of the day appropriate to proficient gamers. In any case, shouldn't something be said about ordinary citizens like you and me? By what method would video be able to recreations profit us?



#### 1) IMPROVES MENTAL ABILITY

One of the greatest focal points of playing computer games is it makes you think. Regardless of which amusement you are playing, whether it is Candy Crush or Grand Theft Auto, you need to confront and understand different difficulties. Some of the time you need to conceive brand new ideas with a specific end goal to tackle certain errands or issues.

Not exclusively does computer games help to enhance your critical thinking aptitudes, it likewise causes you to figure out how to settle on speedier and right choices. A recent report distributed in Molecular Psychiatry by analysts from the Max Planck Institute in Germany from the found that playing Super Mario 64 caused an expansion in the measure of cerebrum locales. Subsequently, it is protected to state that gaming enhances your mental capacity.

#### 2) SOLVE HEALTH ISSUES

Numerous medical problems can be understood with the assistance of computer games. Acodring to a recent report distributed in Cell, the impact that playing activity diversions, as 'Rayman Raving Rabbids', could push dyslexic kids matured 7 to 13 year read speedier, with no misfortune in exactness. Specialists trust that on the grounds that the gaming condition is always showing signs of change and requires extraordinary concentration and snappy flexibility, dyslexic kids advantage from it.

Another investigation demonstrated that Multiple Sclerosis MS (a malady in which the resistant framework destroys the defensive covering of nerves) patients who played amusements requiring physical cooperation while remaining on an adjust board showed change a short time later. Many examinations have demonstrated that video gaming can enhance vision and also help in redressing lethargic eye issue.

#### 3) BUILDS VARIOUS TRAITS

Through video gaming you can assemble different qualities like critical thinking, inventiveness, adaptibility, administration abilities, basic intuition and so on. Many recreations have informal organization

#### HOW CAN VIDEO GAMES BE USED TO SOLVE SCIENTIFIC PROBLEMS?

associations that assistance you to interface with new individuals and manufacture associations in life. These arrangement of attributes will be extremely advantageous over the long haul particularly in work life.

Correspondence with your family will be enhanced, particularly when you feel under weight or focused. You'll feel more positive about your aptitudes and will discover collaborating with others significantly less demanding.

#### 4) PAIN RELIEVER

Computer games have profited many individuals experiencing injury and different other passionate issues. It can enable you to divert your brain of the agony. While playing the computer games, you're additionally discharging endorphins, the painkiller hormone. You're boosting the body's regular capacity to dispose of the torment that you feel. Your anxiety levels likewise remain to the base.

#### 5) MAKE YOU SMARTER

Yes, computer games make you more brilliant. An investigation of laparoscopic (little opening) authorities found that those specialists who played for over three hours for every week made 32 percent less mistakes amid training strategies contrasted with their non-gaming partners. Computer games can enable instructors to look for approaches to supplement classroom educating. The substance of certain computer games can urge individuals to peruse and to investigate building their enthusiasm for history. You'll enhance your memory and basic leadership abilities, making it such a great amount of less demanding to handle stress and issues in the home and work environment.

#### **REFERENCES:**

1. Khatib F, et al. Crystal structure of a monomeric retroviral protease solved by protein folding game players. Nat Struct Mol Biol. 2011;18:1175–1177. doi: 10.1038/nsmb.2119.

2.Zhang D, Seelig G. Dynamic DNA nanotechnology using strand-displacement reactions. Nat Chem. 2011;3:103–113. doi: 10.1038/nchem.957.

3.Chung BD, Katoh K. Protein multiple sequence alignment. In: Thompson JD, Schaeffer-Reiss C, Ueffing M, editors. Methods in molecular biology: functional proteomics: methods and protocols. Vol. 484. Humana Press; Totowa, NJ: 2008. pp. 379–413.